





**EL CHARRÚA**  
RESTAURANTE • PARRILLA

El nombre Charrúa proviene de los aborígenes del territorio delimitado por el Río de la Plata y el Río Uruguay, los que habitaron también en zonas meridionales de la Mesopotamia Argentina y quizás zonas costeras del Río Paraná Medio.

Fueron, junto a los Chanaes, los Guenoas y los Yaros, los primeros habitantes históricamente conocidos de las tierras del actual territorio de Uruguay.

La macro-etnia Charrúa, tenía el nivel cultural de los cazadores superiores, canoeros y pescadores.

Esta cultura se quiere transmitir en el restaurante El Charrúa, donde el uruguayo José Ramenghi, adecuó ambientes que nos permite sentirnos como parte de esta. La excelencia en la caza de esta cultura se refiere a la especialidad en carnes a la parrilla del restaurante. Además, se mezcla modernidad y un sentido acogedor en el local.



# entradas

## STARTERS

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**CHAMPIÑONES RELLENOS**  
Stuffed mushrooms

S/. \_\_\_\_\_

**CHAMPIÑONES AL AJILLO**  
Garlic mushrooms

S/. \_\_\_\_\_

**CHICHARRÓN DE POLLO**  
Deep fried breaded boneless chicken bites

S/. \_\_\_\_\_

**CARPACCIO DE LOMO**  
Beef Carpaccio

S/. \_\_\_\_\_

**CEVICHE DE CHAMPIÑONES**  
Mushroom ceviche

S/. \_\_\_\_\_

**CONCHITAS A LA PARMESANA**  
Baked parmesan scallops

S/. \_\_\_\_\_

**EMPANADA**  
Fried pastry

S/. \_\_\_\_\_

**MUCHAME DE PULPO**  
Cooked, sliced Octopus in an olive sauce served with crackers, avocado and tomatoes

S/. \_\_\_\_\_

**PALTA A LA REINA CON POLLO Y CHAMPIÑONES**  
Avocado stuffed with Chicken and mushrooms

S/. \_\_\_\_\_

**PALTA RELLENA CON LANGOSTINOS**  
Avocado stuffed with shrimp

S/. \_\_\_\_\_

**RIÑÓN AL VINO**  
Kidney w/wine reduction

S/. \_\_\_\_\_

**TARTAR DE TERNERA**  
Steak tartar

S/. \_\_\_\_\_

**PULPO A LA PARRILLA ANTICUCHADO**  
Grilled octopus in Peruvian Barbecue sauce

S/. \_\_\_\_\_

**PAPA A LA HUANCAINA**  
Yellow potatoes with a spicy, creamy sauce

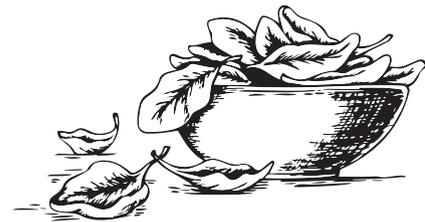
S/. \_\_\_\_\_

**LENGUA A LA VINAGRETA**  
Tongue vinaigrette

S/. \_\_\_\_\_

**COCTEL DE LANGOSTINOS**  
Shrimp cocktail

S/. \_\_\_\_\_



# ensaladas

## SALADS

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**MIXTA CASA**  
Styled mixed

S/. \_\_\_\_\_

**CESAR**  
Cesars

S/. \_\_\_\_\_

**PULPO**  
Octopus

S/. \_\_\_\_\_

**CAPRESSE**  
Capresse

S/. \_\_\_\_\_

**LUIGGI**

Baby American lettuce, arugula lettuce, bacon, onion, cherry tomato. Dressing with gorgonzola cheese, salt and white pepper.

S/. \_\_\_\_\_

**CHARRÚA**

Variety of lettuce, prosciutto, white onion, cherry tomato, fresh cheese, grilled chicken, avocado, broccoli and hearts of palm. Dressing with extra virgin olive oil, salt and white pepper.

S/. \_\_\_\_\_

# A LA PARRILLA

## ON THE GRILL

### entradas

#### STARTERS

**BROCHETA DE POLLO**  
Chicken kabobs

S/. \_\_\_\_\_

**BROCHETA DE LOMO**  
Sirloin kabobs

S/. \_\_\_\_\_

**BROCHETA VEGETARIANA**  
Veggie kabobs

S/. \_\_\_\_\_

**ANTICUCHO DE CORAZÓN DE RES**  
Skewered beef heart

S/. \_\_\_\_\_

**ANTICUCHO DE LOMO**  
Skewered beef tenderloin

S/. \_\_\_\_\_

**ANTICUCHO CHARRÚA**  
Charrua style anticucho marinated cubes of pork loin, beef tenderloin chicken skewered with pepper, onion and mushrooms

S/. \_\_\_\_\_

**PORCIÓN DE CHINCHULINES**  
Gust

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**PORCIÓN DE MOLLEJAS**  
Sweetbreads

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**PORCIÓN DE RIÑONES**  
Kidneys

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**CHAMPIÑONES A LA PARRILLA**  
Grilled mushrooms

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**PORCIÓN DE CHORIZO**

Pork sausage

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**PORCIÓN DE MORCILLA**

Blood sausage

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_      S/. \_\_\_\_\_

**PROVOLETAS**

Grilled provolone cheese

S/. \_\_\_\_\_

**PROVOLETA ITALIANA**

Italian provolone

S/. \_\_\_\_\_

**QUESO PARRIA**

Grilled Paria chesse

S/. \_\_\_\_\_

**PAMPLONA DE LOMO**

Beef pamploña

S/. \_\_\_\_\_

**ALCACHOFA A LA PARRILLA  
CON ESPÁRRAGOS VERDES Y PIMIENTO**  
Grilled artichoke asparagus and green pepper

S/. \_\_\_\_\_

**CHORIZOS FINAS HIERBAS**

Sausages fine herbs

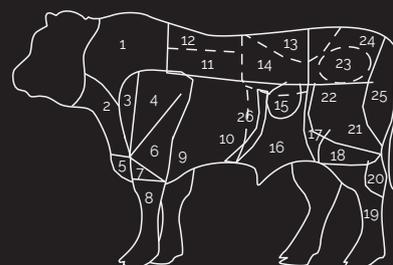
S/. \_\_\_\_\_

**HAMBURGUESA CHARRÚA**

"Charrua" hamburger

S/. \_\_\_\_\_

### { UBICACIÓN DE LOS CORTES }



- |                      |                               |
|----------------------|-------------------------------|
| 1. Aguja             | 14. Bife angosto              |
| 2. Cogote            | 15. Bife de vacio             |
| 3. Chingolo          | 16. Vacio                     |
| 4. Marucha           | 17. Colita de cuadril         |
| 5. Pecho             | 18. Bola de lomo              |
| 6. Corazón de paleta | 19. Osobuco                   |
| 7. Tortuga           | 20. Tortuguita                |
| 8. Brazuelo          | 21. Cuadrada                  |
| 9. Asado de tira     | 22. Peceto                    |
| 10. Asado            | 23. Corazón de cuadril        |
| 11. Bife ancho       | 24. Picanha o tapa de cuadril |
| 12. Tapa de bife     | 25. Nalga de adentro          |
| 13. Lomo             | 26. Entraña                   |



{ PARRILLA }

## charrúa para 2

MIXED GRILL FOR TWO

01 CHORIZO, 01 MORCILLA,  
02 PALITOS DE BROCHETA DE POLLO,  
01 LOMITO DE CERDO, 01 LOMO FINO,  
01 EMPANADA, SERVIDO CON PAPAS  
FRITAS Y ENSALADA.

1 Pork Sausage, 1 Blood Sausage,  
2 Chicken Kabobs, 1 Pork loin, 1 Beef  
Tenderloin, 1 Empanada, Served with french  
fries and salad.

S/. \_\_\_\_\_

{ PARRILLA }

## especial para 4

MIXED GRILL FOR FOUR

01 ANTICUCHO DE CORAZON,  
01 CUADRIL, 01 LOMO FINO,  
02 PALITOS DE BROCHETA DE POLLO,  
01 CUY, 02 CHORIZOS,  
02 MORCILLAS,  
SERVIDO CON PAPAS FRITAS Y  
ENSALADA MIXTA.  
01 BOTELLA VINO ARGENTINO

1 Skewered beef heart, 1 Cuadril (rum roast),  
1 Beef Tenderloin, 2 Chicken Kabobs  
1 Deep fried guinea pig, 2 Pork sausages,  
2 Blood sausage, Served with French fries  
and mixed salad, 1 Bottle Argentinian wine.

S/. \_\_\_\_\_

## carnes ON THE GRILL

LOMO CHARRÚA  
Charrua style tenderloin

1 porción - one portion  
S/. \_\_\_\_\_

1/2 porción - half portion  
S/. \_\_\_\_\_

LOMO FINO  
Beef tenderloin

1 porción - one portion  
S/. \_\_\_\_\_

1/2 porción - half portion  
S/. \_\_\_\_\_

CUADRIL  
Rump

1 porción - one portion  
S/. \_\_\_\_\_

1/2 porción - half portion  
S/. \_\_\_\_\_

CHULETA DE CHANCHO  
Pork chop

S/. \_\_\_\_\_

LOMITO DE CERDO  
Pork loin

S/. \_\_\_\_\_

PECHUGA DE POLLO A LA PARRILLA  
Chicken tenderloin

S/. \_\_\_\_\_

PALLAR DE LOMO DE LA CASA  
Charrua style beef paillard

S/. \_\_\_\_\_

COCHINILLO  
Suckling pig

1 porción - one portion  
S/. \_\_\_\_\_

para 4 - for 4  
S/. \_\_\_\_\_

PANCETA BB  
Baby bacon

S/. \_\_\_\_\_

SALMÓN

S/. \_\_\_\_\_

COSTILLA BB  
Baby back ribs

S/. \_\_\_\_\_

COSTILLA DE CORDERO IMPORTADO  
Imported lamb ribs

S/. \_\_\_\_\_

## carne argentina

### ARGENTINIAN BEEF CUTS

#### BIFE DE CHORIZO (BIFE ANGOSTO) ARGENTINO

Strip steak argentinian cut

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### BABY BEEF (BIFE ANCHO) ARGENTINO

Argentinian rib eye steak (prime rib)

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### PICAÑA ARGENTINA ANGUS

Argentinian coulotte steak

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### ENTRAÑA ARGENTINA

Argentinian outside skirt

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### ASADO DE TIRA SIN HUESO ARGENTINO

Argentinian Boneless short ribs

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### VACÍO ANGUS ARGENTINO

Argentine Angus flank steak

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### LOMO ANGUS ARGENTINO

Argentine Angus sirloin

S/. \_\_\_\_\_

#### CUADRIL DE LOMO ANGUS ARGENTINO

Argentine Angus rump steak

S/. \_\_\_\_\_

## carne wagyu

### WAGYU (JAPANESE COW) BEEF CUTS

#### BIFE ANGOSTO WAGYU /USA

Wagyu striploin

S/. \_\_\_\_\_

#### PICAÑA WAYGU

Wagyu Picahna

S/. \_\_\_\_\_

#### VACÍO WAGYU/ USA

Wagyu Thin Flank Steak

S/. \_\_\_\_\_

## carne americana

### AMERICAN BEEF CUT

#### CHULETON AMERICANO S/. \_\_\_\_\_

#### PORTERHOUSE

S/. \_\_\_\_\_

#### T-BONE

S/. \_\_\_\_\_

#### TOMAHAWK

S/. \_\_\_\_\_

#### TOMAHAWK HUESO CORTO

S/. \_\_\_\_\_

#### BIFE ANGOSTO CON HUESO

Bone-in ribeye steak

S/. \_\_\_\_\_

#### ASADO DE TIRA CON HUESO

Short ribs

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### ASADO DE TIRA SIN HUESO

Boneless short ribs

S/. \_\_\_\_\_

#### BIFE DE CHORIZO (BIFE ANGOSTO)

Striploin

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### BABY BEEF (BIFE ANCHO)

Rib eye steak

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### BIFE ANCHO CON HUESO

Bone-in ribeye steak

S/. \_\_\_\_\_

#### ENTRAÑA FINA

Outside skirt

1 porción - one portion

S/. \_\_\_\_\_

1/2 porción - half portion

S/. \_\_\_\_\_

#### PICAÑA

Coulotte steak

S/. \_\_\_\_\_

#### VACIO

Thin flank steak

S/. \_\_\_\_\_

# especialidades

## SPECIALS

### PEPER STEAK

S/. \_\_\_\_\_

### LANGOSTINOS JUMBO

Jumbo shrimp

S/. \_\_\_\_\_

### LOMO A LA MILANESA

Beef milanesa

S/. \_\_\_\_\_

### LOMO SALTADO

Peruvian stir-fried beef tenderloin and potatoes

S/. \_\_\_\_\_

### LOMO EN SALSA DE CHAMPIÑONES

Beef tenderloin with mushroom sauce

S/. \_\_\_\_\_

### SÁBANA DE LOMO CHARRÚA

Charrua style tenderloin steak served with bacon

S/. \_\_\_\_\_

### CORDON BLUE DE LOMO EN SALSA DE CHAMPIÑONES

Beef cordon blue

S/. \_\_\_\_\_

### CORDON BLUE DE POLLO EN SALSA DE CHAMPIÑONES

Chicken cordon blue

S/. \_\_\_\_\_

### POLLO A LA PIMIENTA

Pepper Chicken

S/. \_\_\_\_\_

### POLLO DON JOSÉ

Charrua-style chicken

S/. \_\_\_\_\_

### MILANESA DE LOMO A LA NAPOLITANA

Breaded tenderloin neapolitan

S/. \_\_\_\_\_

### SUPREMA DE POLLO

Breaded boneless Chicken

S/. \_\_\_\_\_

### TALLARIN SALTADO CON CONCHAS

Stir-fried noodles with scallops

S/. \_\_\_\_\_

### TALLARIN SALTADO DE LOMO

Stir-fried noodles with beef tenderloin

S/. \_\_\_\_\_

### TALLARIN SALTADO DE LANGOSTINO

Stir fried noodles with shrimp

S/. \_\_\_\_\_

### CORVINA A LA PLANCHA

Sea bass

S/. \_\_\_\_\_

### SUDADO DE CORVINA CON ARROZ CON CHOCLO

Corvina fish stew with corn rice

S/. \_\_\_\_\_

### ANTICUCHO DE CORVINA

Grilled sea bass skewers

S/. \_\_\_\_\_

### CUY CON YUCA FRITA EN SALSA

A LA HUANCAINA

Guinea pig served with fried yuca and huancaina sauce

S/. \_\_\_\_\_

### CHATEAUBRIAND 450GR CON ACOMPAÑAMIENTO DE CONFIT DE PORO Y ESPARRAGO VERDE

450g Chateaubriand with leek confit and green asparagus

S/. \_\_\_\_\_



## pastas

### PASTA

### FETUCCINI AL PESTO

Fettuccini with pesto sauce

S/. \_\_\_\_\_

### FETUCCINI A LO ALFREDO

Fettuccini with Alfredo sauce

S/. \_\_\_\_\_

### CANELONES A LA BOLOGNESA

Caneloni with bolognesa sauce

S/. \_\_\_\_\_

### TORTELLONI DE RICOTTA CON ALCACHOFAS

Tortelloni stuffed with ricotta cheese and artichokes

S/. \_\_\_\_\_

### RAVIOLES DE VERDURAS

Vegetable raviolis

S/. \_\_\_\_\_

### LASAGÑA BOLOÑESA

Bolognesa lasagna

S/. \_\_\_\_\_

### FETUCCINI A LA HUANCAINA

Huancaina's fettuccini

S/. \_\_\_\_\_

### ÑOQUIS

Gnocchi

S/. \_\_\_\_\_

# acompañamientos

## SIDE ORDERS

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### PAPAS FRITAS

French fries

1 porción - one portion      1/2 porción - half portion

S/. \_\_\_\_\_ S/. \_\_\_\_\_

### PAPA AL HORNO

Baked potatoe

S/. \_\_\_\_\_

### PURÉ DE PAPA AMARILLA

Yellow mashed potatoes

S/. \_\_\_\_\_

### CROQUETAS DE PAPA

Potato croquettes

S/. \_\_\_\_\_

### VEGETALES SALTEADOS

Sauteed vegetables

S/. \_\_\_\_\_

### ARROZ CON CHOCLO

Rices and corn

S/. \_\_\_\_\_

### PAPAS AL HILO

Shoestring potato

S/. \_\_\_\_\_

### AJI, CHIMICHURRI, APIO Y OTROS

Chili, chimichurri, apio and others

S/. \_\_\_\_\_



## sopas y cremas

### SOUPS

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### SOPA A LA CRIOLLA

Creole soup

S/. \_\_\_\_\_

### DIETA DE POLLO

Chicken soup with noodles and vegetables

S/. \_\_\_\_\_

### CREMA DE ESPÁRRAGOS

Cream od asparragus soup

S/. \_\_\_\_\_

### CREMA DE CHAMPIÑONES

Cream of mushrooms soup

S/. \_\_\_\_\_

### CREMA DE CHOCLO

Cream of corn soup

S/. \_\_\_\_\_

### CREMA DE ZAPALLO (NATURAL)

Pumpkin cream soup

S/. \_\_\_\_\_

### CREMA DE VERDURAS (NATURAL)

Vegetable cream soup

S/. \_\_\_\_\_

### SOPA DE CEBOLLA

Onion soup

S/. \_\_\_\_\_

## postres

### DESSERTS

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### POSTRES AL ESCOGER

Choice of desserts

S/. \_\_\_\_\_

### VIGILANTE

Quartirolo chesse with quince paste

S/. \_\_\_\_\_

### CREP'S SUZETTE

Pancake with caramel and butter sauce

S/. \_\_\_\_\_

### VOLCÁN

Molten chocolate lava cake served with vanilla ice cream

S/. \_\_\_\_\_

### PANQUEQUE ACOMPAÑADO CON HELADO

Pancake with ice cream

S/. \_\_\_\_\_



**PIE DE FRUTAS SECAS**

Dried fruit pie

S/. \_\_\_\_\_

**CORCANTE DE CHIRIMOYA**

S/. \_\_\_\_\_

**BABARUA DE GUINDONES**

S/. \_\_\_\_\_

**SOUFLE GRAND MARNIER**

S/. \_\_\_\_\_

**TIRAMISÚ**

S/. \_\_\_\_\_

**CHEESCAKE DE FRESA**

Mixture of soft, fresh chesse with strawberry

S/. \_\_\_\_\_

**PIE DE LIMON**

S/. \_\_\_\_\_

**CHESSCAKE DE OREO**

Mixture of soft, fresh chesse with oreo

S/. \_\_\_\_\_

**CREMA VOLTEADA**

S/. \_\_\_\_\_

**ALFAJOR**

Two round sweet biscuit with dulce de leche

S/. \_\_\_\_\_

**MOUSSE**

S/. \_\_\_\_\_

**MOUSSE DE CHOCOLATE  
CON LÚCUMA Y PECANAS**

Chocolate mousse with lucuma and pecans

S/. \_\_\_\_\_

**CREM BRULÉ**

Burnt cream / Trinity cream

S/. \_\_\_\_\_

**HELADOS**

Ice cream

S/. \_\_\_\_\_

**¿Qué tal fue la visita?**  
¡Nos gustaría saberlo!

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